



## HOW TO MEASURE

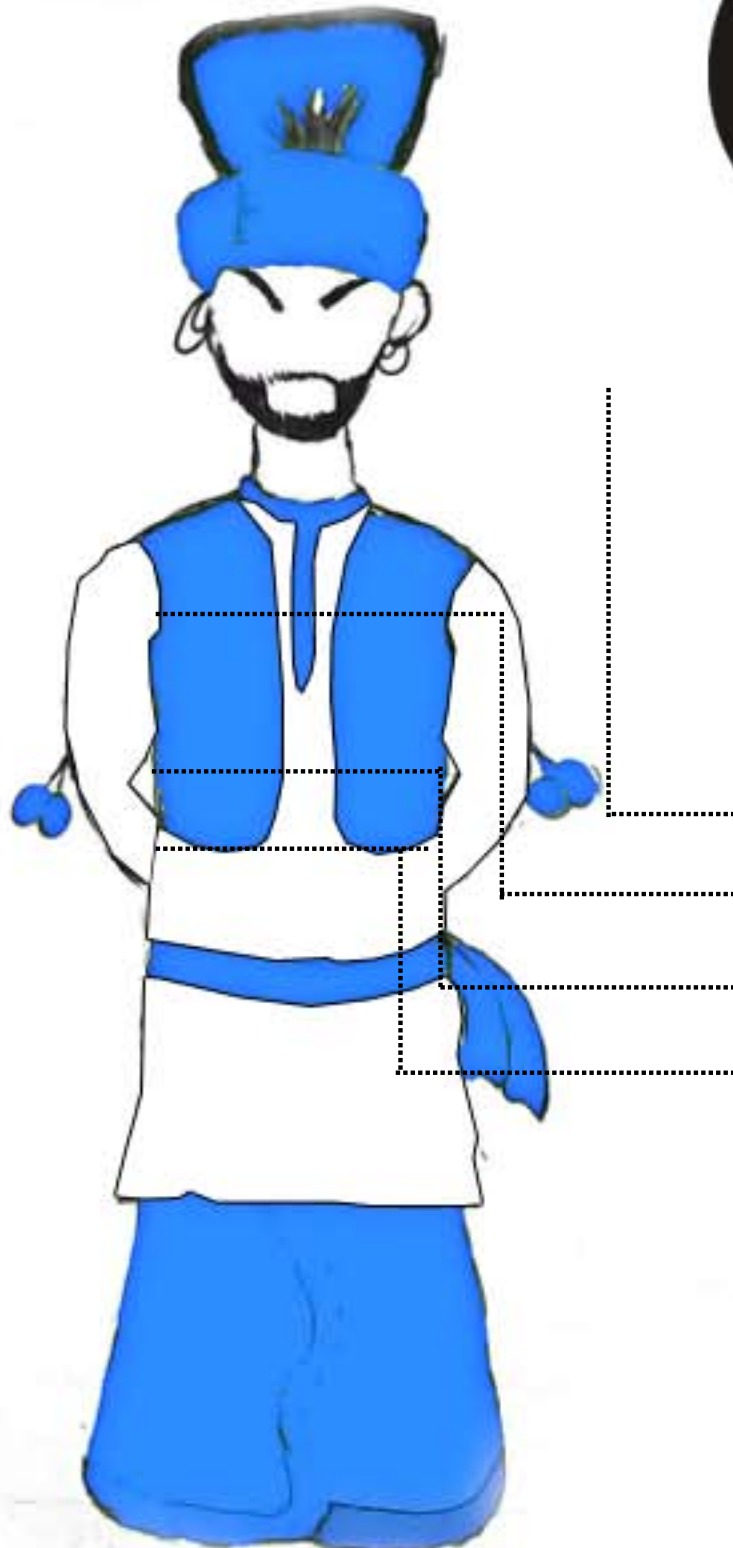
Take all measurements over undergarments using a standard measuring tape.

**CHEST** - Place measuring tape under the arms and measure the distance around the shoulder blades and the fullest part of the bust/chest. Hold measuring tape in a relaxed, straight line. Do not hold the tape too tight.

**WAIST** - Place measuring tape around the natural waistline.

**LOW HIP** - Stand with your feet a few inches apart and measure around the fullest part of your hips wearing your undergarments.

Vest	Short	Long
Length	20"	27"



## Male Measurement

Sizes	XS	Small	Medium	Large	XL
Length	35"	37"	38"	40"-42"	42"-44"
Chest	34"	36"	38"	40"	42"
Shoulder to Shoulder	17"	18"	19"	20"	21"
Length of the sleeves	17"-18"	20"	23"	24"-25"	26"-27"
Quantity					
Name					